

AUGUST 2016 0-5 yrs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 August starts with A. Can you think of 5 words with the letter A sound.	2 Find a place under a tree, or in the shade, and read for 15 minutes.	3 WATERMELON DAY. Enjoy a slice and count out the seeds.	4 Take a trip to the library to pick out books to read this month Reading List	5 Go for a walk in your neighbourhood. Read the signs to find the letters of your name.	6 Make pipecleaner animals and practice the sounds they make.
7 Play eye spy with your favourite book.	8 Make a picture and sign your name (or a letter from your name) and tuck it under someone's pillow.	9 Create a special 'Reading Place' and share your picture with us. #MyReadingPlace team@calgaryreads.com	10 S'MORES DAY Talk about the shapes used to make a s'more (square, rectangle, cylinder). Enjoy a tasty treat.	11 Think of all the animals you can. Go outside and move around your yard like these animals would. (bear walk, snake slither etc.).	12 Look at photos and videos of your family.	13 Play a family game like Memory, Connect 4, Go Fish.
14 SCREEN FREE DAY. Turn off your electronic devices and spend time together as a family.	15 Facetime or Skype a friend or family member and have them read to you for 15 minutes.	16 It is the eighth month. Celebrate by doing 8 jumping jacks.	17 Help to make ice cream in a bag. Make sure you eat some too. Recipe	18 Blow up some balloons. Throw them in the air and see how long you can keep them from touching the ground.	19 Bubble play. Get ready to get wet and have some fun with bubbles today. Bubble Play	20 Lemonade Day Make homemade lemonade to share with a friend.
21 Have a family dance party. Dance to your favourite music, or to an action song like 'Head Shoulder Knees and toes'.	22 Invite a friend over and have a read aloud with your favourite book. Read Aloud Tips	23 Take some extra time for bedtime and double up on the books you read before bed.	24 Make a hopscotch with letters. Say words that start with the letter you land on.	25 Have a family member or friend teach you a new song. Song Ideas	26 Make an obstacle course in your backyard. Talk about over, under, or around.	27 Make Play-Doh from a recipe and spend the afternoon playing with it. Recipe
28. Read our list of '50 Books to Read Before You Are 8' and see how many you have read. 50 Books to Read	29 Cut, paste and colour a new bookmark. Give it to a friend.	30 Learn a new fingerplay. Fingerplay Ideas	31 Make a tasty treat and head outside to read for 15 minutes.			